



Return to Play – Stage 1

22 May 2020

The following conditions apply to any outdoor group activity permissible under Tasmania's Plan for Returning to Sport and Recreation.

In addition to these conditions, participants must also work within the Netball Tasmania Management Plans for Resumption of Netball in a Covid-19 Environment.

- Outdoor group activity may occur.
- Attendees must not exceed 10 in total, excluding team officials.
- Multiple groups of 10 people may occupy the same outdoor space provided that there is approx. 4sqm per participant, allowing for 1.5m physical distancing.
- Anyone unwell must not attend the session.
- No other spectators should be present at any session.
- Participants must be encouraged to download the COVIDSafe app.
- A register of participants at sessions must be completed and records retained.
- Participants may arrive at the session no earlier than 10 minutes prior to commencement.
- Participants must maintain physical distancing standards (1.5m) at all times.
- Change room or communal facilities at the outdoor venue are not to be used.
- Balls may be used provided they are cleaned with sanitiser prior to commencing the session, and again upon conclusion. Sharing of balls should be minimised – i.e. one ball between no more than two participants.
- Participants must use hand sanitiser between activities using balls where possible.
- Respiratory hygiene standards should be maintained.
- Drills and activities promoting contesting and contact are not allowed.
- Match play activity is not allowed.
- Unnecessary physical contact such as handshakes, high-fives and huddles are not allowed.
- No sharing of drink bottles or towels is allowable, and no communal food/snacks are to be provided.
- Sessions must not exceed 60 minutes in total.
- Participants must leave the session within 10 minutes of conclusion and perform recovery activities at home.



Maintain 1.5m
physical
distancing



Maintain
hand
hygiene



Practise
respiratory
hygiene



Stay home
when sick



Download the
COVIDSafe app