



Training Management

Competition owners, participants and spectators all have a role to play in ensuring that Netball can be resumed in a safe, controlled and successful manner in a Covid-19 environment. The following conditions of resumption relate to Training Management.

Restrictions

- Training restrictions will be imposed from time to time by Netball Tasmania under direction from Communities, Sport and Recreation Tasmania. These will include;
 - Maximum attendee numbers
 - Outdoor / Indoor
 - Type of Activity
(solo / drills / competitive)
- Netball Tasmania will communicate the status of restrictions as they update and make them accessible via the website.

Management

- Teams must have multiple sets of bibs available and these must be washed regularly.
- Rubbish bins located around training venue.
- Whistles must not be shared when umpiring at training.
- No communal food should be made available at trainings. Participants should arrange their own snacks as required.
- Teams must have a first aid kit, inclusive of gloves and hand sanitiser, as well as a CPR face shield in the event that CPR may be required.
- Managers should clean all shared equipment with disinfectant after trainings, and wherever possible during trainings.
- Training attendance records to be kept for tracing purposes if required.

'Get in, Train, Get Out'

- All participant activity which can be done at home, should be done at home.
- Participants to arrive at training no sooner than 15 mins prior, for the avoidance of gatherings.
- Only one parent to be present when dropping off and collecting participants from training and parents should leave after dropping off and not return until the scheduled conclusion of training.
- Participants to arrive 'ready to train' and not use change rooms facilities.
- Training should be managed to allow participants to adhere to the 1.5m physical distancing standard during breaks, and where possible during activity.
- Coaches to modify sessions where possible to allow small group activity to avoid larger gatherings, or to allow less participants to be in attendance at the session at any given time.
- All unnecessary physical contact should be avoided, including handshakes, high fives and huddles.
- Participants must not share any personal equipment during training such as drink bottles, hand towels, rollers and resistance bands.
- Participants must leave training as soon as practical afterwards, warming down at home where possible, and showering at home.
- Team meetings/debriefs should be conducted from home via video after the session where possible.



Maintain 1.5m
physical
distancing



Maintain
hand
hygiene



Practise
respiratory
hygiene



Stay home
when sick



Download the
COVIDSafe app